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| Community | Attend all GNDC meetings, and propose Action items, including below. | Time, and brainstorming on actions | July 31st | Strengthens community organization |
| Community | At GNDC meeting, propose booth at second farmer’s market in June. Include giant white board to get ideas from folks on what food action steps they are taking | Include worm bin, to draw kids and their parents in. | May 31st. | Helps people equate food choices with climate change impacts.  Potentially brings in |
| Community | Volunteer for DUG network at least twice | Time | July 31st | Strengthens community organization, increases potential partnership, physically improves food access. |
| Community | Volunteer for Sierra Club DC at least once | Time | July 31st | Strengthens community organization, increases potential partnership, |
| Individual | Plant spring garden (DONE) | Time, | May 31st | Provides edible food without transportation, improves soil (which absorbs carbon), |
| Individual | Build permanent compost bin (halfway) | Time, brick and mortar skills (which I have) | July 15th | Provides a third option for composting (as my current two are not enough) |
| Community | Work with my two temporary roommates to support their composting and gardening efforts. (DONE) | My garden  My compost bins  One roommate is already doing this, so is an asset in helping me convince the second moving in this summer. | July 31st | Creates a learning experience for all of us., provides edible food without transportation, improves soil. |
| Community | Throw with my friend Max a vegan/vegetarian potluck (Planning) | Time, Cooking ingredients, invite | July 31st | Creates a learning experience for all of us, social community building, for about 50+ people will be a meatless evening. |
| Individual | Go strawless completely (I have been working on this, but occasionally failing) | Time to think! | July 31st (as test that did it) | Less plastic consumption, communication about plastic issue, fewer animals killed, less pollution to clean up later (with fossil fuel dependent vehicles) |
| Individual | Buy and start carrying a foldable to-go kit. (DONE) | $ and a bag to carry it in, plus forethought when I am out | July 31st | Ditto. |
| Individual | Learn more about DC recycling/compost efforts, write an article for work’s newsletter. (DONE) | Time | July 31st | More information learned and shared, especially regarding easy action items. |
| Individual | Provide a public comment about DC recycling/composting efforts. | Knowledge from the above and time | July 31st. | Effort shared through GNDC blog. |
| Individual | Go zero waste one week per month. (plastic free, zero food waste) | Time for planning, mason jars for buying food | July 31st as test | Less plastic, less food waste, and thus less C02, plus idea shared with others through the action. Effort shared through blog. |
| Individual | Go vegan 1-2 days a week | Time for planning | July 31st as test | Less meat, less C02. Effort shared through blog. |
| Individual | Use my reusable produce bags (smaller than grocery bags) | Forethought | July 31st as test | Less plastic and thus less C02, plus idea shared with others through the action |
| Individual | Buy condensed products | Forethought, planning | July 31st as test | Less plastic and thus less C02, plus idea shared with others through the action (and blog) |
| Individual | Bring my own lunch twice a week (and stop eating out at food trucks so much). | Forethought, planning, time to cook | July 31st as test | Won’t buy at food trucks with their CO2 spilling out everywhere! |
| Individual | Buy more organic, i.e., give up Honey Nut Cheerios, my last non-organic food. (DONE) | Forethought, planning | July 31st as test | Good soil, good C02 absorption, less transportation. |